

The background features a large, faint, light gray illustration of a DNA double helix. A light blue arrow points downwards along the left side of the helix. In the upper right corner, there is a detailed, three-dimensional line drawing of a circular structure, possibly a protein or a cell component, with a central ring and radiating lines.

PRODUCTS

Art of Life



KARKADE

Candy

Do not contain sugar.

Candy KARKADE with cherry enriched with essential micronutrients – zinc, chromium, magnesium, calcium, phosphorus. A balanced combination of extract karkade with minerals has a beneficial effect on carbohydrate-lipid metabolism and immune system.

Low calorie sweets «Karkade» ideally supplement the ration of people, who live a healthy lifestyle and control their body weight. The well balanced combination of Karkade and minerals has a profitable influence on the carbohydrate-lipid exchange, stimulate the immunity activity and prevent vascular and heart diseases. It is recommended for dietary and diabetic nutrition.

Art of Life



PROBIOMILK

MILK CANDIES WITH PROBIOTICS AND PREBIOTICS

Do not contain sugar.

«**Probiomilk**» – it is tasty candies that contain three types of useful bacteria (bifidus-, lacto- and acidophilic bacteria) and components-prebiotics, dietary fibers and lactulose. The unique innovative technological solution patented by company ArtLife has permitted to solve the problem of useful bacteria delivery to the destination without loss of active properties.

Candies «**Probiomilk**» are recommended for the children from 3 years for disbacteriosis preventive measures and immunity strengthening. Candies «**Probiomilk**» do not contain coloring agents and saccharose, so they do not provoke caries development and various manifests of diathesis.



Discovery Charm

«Discovery Charm» complex is a multicomponent system providing basic nutrients to the women's organism. Active substances of the complex provide hypoxia prophylaxis, metabolism normalization, have an anti-inflammatory effect and maintain coagulatory system of the blood vascular system.

«Discovery Charm» complex is produced according to a high-tech technology of matrix pill with the use of the latest biopolymer substances. Each pill consists of three types of granules with active substances which release in a particular order. Thus, the pills of the «Discovery» complexes represent a system with a regulated rate and a prolonged character of active substances emission.

Pill №1 of the «Discovery» complex is an amount of vitamins, minerals and vegetable extracts which participate in the regulation of physiological processes and provide a tonicity of the organism all day long. This complex normalizes the energy metabolism and the use of sugar due to the vitamins of group B, iodine and chromium which are a part of the complex. It has a vascular strengthening effect due to vitamin C, rutin, bioflavonoids and Ginkgo Biloba extract. Besides, it accelerates the epithelial tissue and liver cells regeneration due to vitamins A, E, vegetable extracts of hill-growing saltwort and Saint-Mary-thistle. Natural enzymes that form a part of the first pill of the complex provide metabolic products utilization, have an anti-inflammatory effect, and together with microelements fulfill the regulation of tissue respiration and counteract free radicals.

Pill №2 of the «Discovery Charm» complex contains a number of active substances strengthening the women's organism. Bergenia extract has an evident antimicrobial action which combines with the ability to control bleeding. Nettle leaves regulate the functioning of the coagulant system, have a diuretic effect and activate metabolism. Polysaccharide complex of maitake mushrooms normalizes the lipid composition characteristics and has an immunomodulating activity. A chromogenic complex of shelf fungus extract increases an antitumor resistibility. Calcium and phosphorus prevent the development of osteoporosis. Folic acid provides correct red cells maturation. P-amino-benzoic acid increases hypoxia tolerance (lack of oxygen), activates the intestinal flora functioning, participates in the amino acid synthesis and normalizes the central nervous system functioning. Gotu Kola extract tones up the central nervous system and possesses a wound healing effect. Beta-carotin being a strong antioxidant improves skin state and stimulates vitamin C maintenance in the organism.

INDICATIONS:

- as a general health-improving agent in all types of hypovitaminosis;
- decrease in the immune system functioning;
- undue fatigue, irritation;
- dysfunctions of the nervous system, organs of vision diseases, stress situations;
- at the recovery stages after illnesses and surgical intervention
- for active prophylaxis of oncological diseases
- during the courses of chemo- and radiation therapy

Contents:

tablet №1 (yellow) – bromeline, sodium ascorbate, ferric pyrophosphate, hill-growing saltwort extract, papain, zinc citrate, boron chelate, sodium metasilicate, Saint-Mary-thistle extract, quercetin, rutin, Ginkgo biloba (extract), hesperidin, nicotinamide, tocopheryl acetate, retinol acetate, manganese sulphate, dihydroquercetin, calcium pantothenate, copper citrate, cholecalciferol, pyridoxine hydrochloride, riboflavin, beta-carotene, coenzyme Q10, thiamine mononitrate, folic acid, chromium picolinate, potassium iodate, sodium selenite, sodium molybdate, ammonium vanadate, biotin, silver sulphate, cyanocobalamin.

tablet №2 (light brown) – calcium triphosphate, P-amino-benzoic acid, bergenia extract, nettle leaf, maitake mushrooms, shelf fungus extract, Gotu Kola extract, beta-carotene, folic acid.



Discovery Force

«Discovery Force» complex is a multicomponent system providing basic nutrients to the men's organism, the deficit of which may lead to the formation and development of various diseases. It has a strong tonic effect, increases stress resistibility, stimulates the regulation of men's sex hormones balance.

«Discovery Force» complex is produced according to a high-tech technology of matrix pill with the use of the latest biopolymer substances. Each pill consists of three types of granules with active substances which release in a particular order. Thus, the pills of the «Discovery» complexes represent a system with a regulated rate and a prolonged character of active substances emission.

Pill №1 of the «Discovery» complex is an amount of vitamins, minerals and vegetable extracts which participate in the regulation of physiological processes and provide a tonicity of the organism all day long. This complex normalizes the energy metabolism and the use of sugar due to the vitamins of group B, iodine and chromium which are a part of the complex. It has a vascular strengthening effect due to vitamin C, rutin, bioflavonoids and Ginkgo Biloba extract. Besides, it accelerates the epithelial tissue and liver cells regeneration due to vitamins A, E, vegetable extracts of hill-growing saltwort and Saint-Mary-thistle. Natural enzymes that form a part of the first pill of the complex provide metabolic products utilization, have an anti-inflammatory effect, and together with microelements fulfill the regulation of tissue respiration and counteract free radicals.

Pill №2 of the «Discovery Force» complex contains nutrients necessary for an active support of the men's organism. Magnesium participates in the regulation of cardiac muscle and neural tissue functioning. Tonic, refreshing and stimulatory actions of schizandra maintain a maximum activity during the day. Zinc and active substances of damiana participate in the synthesis and sex hormones balance regulation. Tick trefoil strengthens and restores men's potency and force. A diuretic effect of parsley, an immunomodulatory action of reishi mushroom polysaccharides as well as an antimicrobial and anti-inflammatory action of prairieweed prevent the development of stagnant phenomena and inflammatory processes in prostate. Lycopin, a strong antioxidant, is a unique natural agent preventing cardio-vascular and oncological diseases. Its activity reaches its maximum in the prostate tissues.

INDICATIONS:

- as a general health-improving agent in all types of hypovitaminosis
- the immune system functioning decrease
- at the recovery stages after illnesses and surgical intervention
- in dysfunctions of the nervous system, organs of vision diseases, stress situations;
- active sports activities;
- for active prevention of oncological diseases;
- during the courses of chemo- and radiation therapy.





Novomegin

«Novomegin» – is a new formula of already known product “Essential Oil”, even more efficient at the account of new technology of active components delivery and introduction into the composition of additional ingredients.

«Novomegin» – is a product received from high-quality fish oil of Greenlandish salmon and flaxseed oil – serves as a source of necessary omega-3 acids.

Biologically active supplement (BAS) also includes dihydroquercetine. As a substance relative to group of vitamin P it decreases penetrability and fragility of capillaries as a result of which blood supply improves and the functions of organs and tissues are normalized. By antioxidant activity dihydroquercetine surpasses the widely known antioxidant vitamin E 11.5 times.

The peculiarity of the new formula of BAS «Novomegin» in that dihydroquercetine is represented in liposome form. Liposomes encourage preservation of omega-3 fatty acids from oxidation and improve suction from intestine during intake.

Principal indication of application:

- as the source of vital biologically active substances for support of optimal health;
- as natural remedy of long-term prophylactics, health improvement and comprehensive treatment of heart ischemic disease (stenocardia, ischemia, cardiac infarction, dislipoproteinemia, atherosclerosis, myocardiodystrophy of various origin etc.); it is also necessary in arrhythmia, vegetovascular dystonia, hypertension disease, myocarditis etc.;
- conditions and diseases accompanied by inclination to thrombus formation (innate or acquired cardiovascular pathology; conditions after operative intrusions on heart; varix dilatation, thrombophlebitis, postthrombophlebitic syndrome, trophic ulcers; endarteritis, chronic inflammatory processes);
- cerebral atherosclerosis, brain ischemia, strokes, traumas, operational intrusions on brain, delay in intellectual development, intensive intellectual and psycho-emotional loads;
- diseases of thyroid gland, adrenal glands, pathology of female and male reproductive spheres (disorder of menstrual cycle, infertility, mastopathy, endometriosis, fibromyoma, cystic-degenerative processes, adnexitis, prostatitis, prostate adenoma);
- systemic and autoimmune diseases (rheumatoid arthritis, autoimmune thyroiditis, ulcerative colitis, disseminated sclerosis, scleroderma etc.),
- secondary immune deficiencies, prevention and comprehensive health improvement of benign and malignant tumors;
- liver diseases (fatty hepatosis that emerged against the background of obesity, diabetes mellitus, alcohol disease, liver hepatocirrhosis), steatosis of pancreatic gland, chronic pancreatitis, bladder stone disease;
- chronic colitis, stomach and duodenum ulcer, gastritis, disbacteriosis;
- anaemic syndrome, diabetes mellitus, syndrome of chronic fatigue, medicinal, radio and chemotherapeutical negative effects;
- pathology of skin and connective tissue of various genesis (eczema, psoriasis, neurodermatitis, hyperkeratosis, acne, premature skin ageing, food, parasitogenic and medicamental allergic dermatosis), affection of mucous, conditions after traumas, fractures, burns, in sports and restorative medicine;
- any acute and chronic inflammatory diseases of various localization, particularly of prolonged and low-intensity character;
- in delays of disorders of growth, intellectual or psychiatric development of children;
- in all pathologic conditions and disease accompanied by activation of pro-oxidative potential and development of immune complex reactions.

Composition:

eicosapentaenoic acid – 90 mg, lipoic acid – 9 mg, dihydroquercetine – 7,5 mg, vitamin E – 3 mg, Selenium – 0,01 mg.



Green Star

*energy complex of amino acids and vitamins
based on seaweeds*

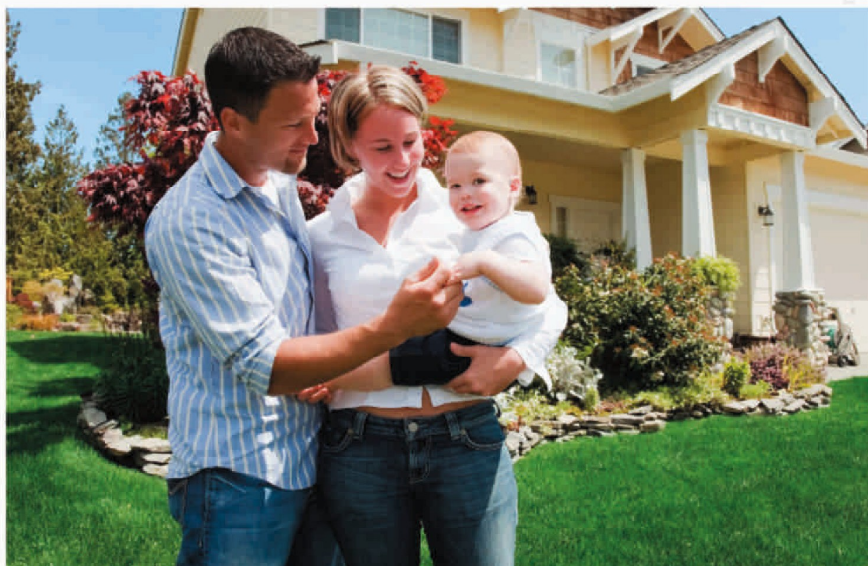
For a correct formation of the proteins of the body and a full-fledged realization of biochemical reactions lying in the base of all vitally important processes, there is a need of a regular supply of certain amino acids, vitamins and microelements.

«Green Star» is a multi-purpose general health-improving complex which provides support to the organism functions by compensating and maintaining the amino acids, vitamins, macro- and microelements balance necessary to support a full-fledged activity and organism resistibility against the influence of unfavorable factors of the environment.

The basis of the complex is a well-balanced combination of seaweeds – spirulina and chlorella. Spirulina is a source of a full value protein capable to compete with meat. This seaweed contains basic amino acids necessary for a person which constitute up to 65-75% of its weight. A distinctive feature of the spirulina mineral content is that its microelements are in a chelate form which is easily absorbed by the human body (combined with protein molecules). Chlorella is a seaweed enriched with chlorophyll which structure is equal to the structure of human hemoglobin. Chlorophyll is a valuable nutritious support for the organism and an effective natural disinfectant. It strengthens cellular membranes, stimulates the connective tissues formation, accelerates erosion, ulcer and open wounds healing. Seaweeds cellular walls contain polysaccharides which together with wheat cellulose and pectin improve the gastrointestinal state and in peristalsis of the intestines. Echinacea active substances have an immunostimulating action, Ginkgo Biloba extract favorably influences blood circulation. «Green Star» complex has an antioxidant activity due to the acting substances of dog rose, bilberry, green tea, antioxidant enzymes and vitamin E.

INDICATIONS:

- any kind of intoxication of the body,
- infectious and parasitic diseases,
- diseases of the digestive system,
- allergies, immunity system dysfunctions
- prevention and correction of dysbacteriosis
- chronic noninfectious inflammatory diseases
- prevention and treatment of thyroid gland diseases connected with lack of iodine
- hypoxia prevention in the conditions of highland, lower temperatures, hard physical activity, extreme kinds of sports.



Toxfighter lux

complex cleansing of the organism

To keep up the internal environment of the organism and digestive apparatus in a good condition it is necessary to conduct periodical (1-2 times a year) complex cleansing of the organism.

«Toxfighter lux» is a multipurpose enterosorbent based on vegetable components which allow to neutralize the effects of toxins and bi-products of metabolism, to reduce the effects of allergens, to remove functional disorders of digestive system and also to minimize the level of cholesterol in blood, to reduce the load of the kidneys and liver, to improve the process of metabolism.

Plantain leaves, sublimated beet, wheat bran, apple pectin forming a part of the complex safely bind and remove radionuclides, salts of heavy metals and toxic metabolites out of the organism. Under the influence of dietary fibers of these ingredients the food evacuation process in stomach decelerates, a long-term digestion process creates the feeling of satiety. Dietary fibers significantly improve the movement of food along gastrointestinal tract, promote the removal of cholesterol exchange products, and carry out the prevention of atherosclerosis and obesity. Concerning mucous membrane pectin possesses a styptic, ambient and protective effect. Vegetable extracts show anti-inflammatory, choleric and spasmolytic effects. Such enzymes as papain and bromeline stimulate complete food breakdown and improve digestion. Lactobacteria maintain natural microflora of the intestine against toxins, stimulate the local immunity, and increase the organism's resistance to infections and unfavorable factors of the environment.

INDICATIONS:

- dysfunctions and infectious diseases of gastrointestinal tract
- acute and chronic infections
- infectious and non-infectious skin diseases
- allergic reactions
- intoxication as a result of food and alcohol poisoning
- medicinal intoxication after taking anabolic drugs
- working in harmful conditions or ecologically unfavorable environment
- preventive detoxification of the organism twice a year

Contents:

Wheat bran, Plantain (leaves), Sublimated beet, St. John's wort, Birch (leaves), Thoroughwax, Flax (seeds), Cowberry (leaves), Knotgrass, Hips, Tansy, Spirulina, Clover, Milfoil, Black walnut (fruits), Chlorella, Gamma orizanol, Aroma «Lemon», Lactobacteria, Apple pectin, Cucurbit (seeds), Senna (pods), Saint-Mary-thistle, Motherwort, Licorice (root extract), Papain, Alfalfa, Dandelion (root), Burdock (root), Bromeline



Complex of enzymes plus

a complex of natural enzymes

The systematic approach of active enzymes to restore the disturbed digestive system and absorption processes as well as to rehabilitate the organism after inflammatory diseases of various etiologies.

Bioactive «Complex of enzymes Plus» is a combination of active vegetative and animal enzymes used to eliminate the inflammation, and that possess an immunomodulating effect. «Complex of enzymes Plus» has a favorable effect on digestion process providing more complete food breakdown and uptake as well as giving support to other functions performed by the enzymes in the organism.

The complex contains rutin that improves anti-inflammatory activity, and zinc which fulfills hypoxia prevention. Lipase, amylase, protease, maltase as well as pancreatine, pepsin, chemotripsin, and bile actively support in food digestion, increase its uptake, facilitate intestinal absorption. Tripsin, papain, and bromeline besides their participation in digestion process have an effective antibacterial and anti-inflammatory action. It is supplemented by an immunomodulating activity of licorice and Echinacea roots. Catalase and superoxide dismutase stimulate the transformation of aggressive free radicals into compounds harmless to the organism. Rutin strengthens capillary walls, reduces their penetrability for causative agents of various diseases, and enhances the effect of natural antioxidants and antioxidant enzymes of the organism. Zinc helps to support intracellular respiratory enzymes, increases the effectiveness of tissue respiration.

INDICATIONS:

- different acute and chronic inflammatory processes
- rheumatic and autoimmune diseases
- digestion dysfunctions
- undue blood viscosity and liability to vessels diseases
- surgical interventions

Contents:

pancreatine, bromeline, papain, tripsin, licorice root, echinacea, amylase, catalase, lactase, lipase, maltose, protease, superoxide dismutase, zink oxide, ribonuclease, deoxyribonuclease, rutin, sucrose, renin, pepsin, chymotripsin.



Memory rise

complex for nourishment of brain tissues

Bioactive complex «Memory Rise» is recommended for improvement of mental performance, increase of attention, its concentration, for comprehensive normalization of higher neural activity and brain functional activity.

The complex ingredients ensure nourishing support of neural cells and perform preventive measures of hypoxia of neural tissue. The vegetable extracts and bioactive elements included into the complex in any conditions support natural balance of nutrients required for the neural tissue. Active substances of Gotu Cola, ginseng and guarana have tonic effect on organism, and glutaminic acid takes part in the regulation of nerve pulse forming and supply with energy of neural cells. Gammf-aminobutyric acid and motherwort protect neural tissue from overexcitation that impedes the intensive brain functioning. Vegetable components of biocomplex (extract of ginkgo biloba, foetus of chestnut and hawthorn) serve for regulation of microcirculation and protect against development of stagnant phenomena in the basin of brain arteries and veins and also provides prevention of increase arterial pressure. Complex of nourishing elements including inositol, vitamins of group B, enzymes and amino acids stabilizes energy exchange, supports the reserve of plastic material for restoration of the neural cell membranes and allows preserving high level of their activity, as well as carries out the regulation of molecular processes that form the basis of memory and attention.

Complex "Memory Rise" is a perfect support of brain active performance for the people of any age. It is efficient both during reduction of intellectual processes in elderly age and for prevention of overfatigue from high informational loads in the representatives of young generation in the period of intensive studies.

INDICATIONS:

- memory, attention, will and psycho-emotional sphere impairment of various etiology
- prevention of atherosclerosis, hypertension and hypoxia
- conditions after stroke, heart attack, craniocerebral traumas or traumas of peripheral nervous system
- various intoxications of central nervous system
- failures of venous outflow (varicosity, thrombophlebitis, haemorrhoids)
- vegetovascular dystonia
- pathology of the vessels eye fundus, retinal detachment, visual and hearing impairment
- cerebellar, vestibular disorders

Composition of 2 pills:

ensures vitamin B1 – 1 mg – 67%; vitamin B3 – 10 mg – 50 %; vitamin B5 – 5 mg – 100%; vitamin B6 – 2 mg – 100%; vitamin B9 – 0.4 mg – 200%; vitamin B12 – 1 mcg – 30%; magnesium – 30 mg – 8% of daily need.



Neurostabil

*complex increasing resistibility
to stresses including psychoemotional stresses*

Psychoemotional stress, informational overload against low physical activity, and frequent stress situations lead to overexcitation of the parts of the central nervous system, frequent change of mood, and emotional instability. Chronic stress and a lack of full-fledged rest, chronic lack of enough sleep negatively influence all functions of the body and can lead to the formation of many chronic diseases.

«Neurostabil» is a phytocomplex possessing a soothing and soft sedative effect and is an effective general health-improving remedy increasing organism resistibility to stress situations.

Motherwort, hops, origanum and blooming sally that are a part of the complex have a soothing effect. This phytocomplex regulates functional state of the central nervous system, normalizes blood pressure, possesses an anticonvulsant action. Vitamin C and PP provide strength and flexibility of vessels walls, glutamic acid normalizes the impulse transmission process to the central nervous system. Group B vitamins increase the metabolism efficiency, folic acid participates in the formation of myelin protein necessary for nervous impulse conduction. Normalization of metabolism in brain tissues and a soft soothing effect of bioactive complex «Neurostabil» underlie the restoration of balance processes of excitation and inhibition in the central nervous system, lead to the emotional status normalization, provide the resistibility to unfavorable influence.

INDICATIONS:

- neurosis of different origin, hysteria, high level of stress;
- depressive and hypochondrial syndrome;
- high reflex excitability;
- essential hypertension;
- vegeto-vascular dystonia and migraines;
- thyrotoxicosis;
- menopausal disorders;
- premenstrual syndrome.

Composition of 1 tablet:

L-glutamic acid - 50 mg, Oregano - 50 mg, Peony root - 50 mg, Hop cones - 50 mg, Extract of Motherwort - 27 mg, Cyprus - 25 mg, Magnesium oxide - 25 mg, Potassium chloride - 25 mg, Ascorbic acid (vitamin C) - 10 mg, Nicotinamide (vitamin PP) - 1,6 mg, D-calcium pantothenate (vitamin B5) - 0,66 mg, Tocopherol acetate (vitamin E) - 0,6 mg, Pyridoxine hydrochloride (vitamin B6) - 0,16 mg, Thiamine mononitrate (vitamin B1) - 0,14 mg, Riboflavin (vitamin B2) - 0,14 mg, Retinol acetate (vitamin A) - 0,12 mg, Folic acid (vitamin B9) - 0,05 mg, Biotin (vitamin H) - 0,015 mg, Cholecalciferol (vitamin D3) - 0,0009 mg, Cyanocobalamin (vitamin B 12) - 0,0003 mg.



Glazorol

*complex for nutritional support of the eyes
and for the preservation of visual acuity.*

Keeping the natural balance of biological substances necessary for visual function is an effective prevention of primary and secondary retinopathies, eye-muscle trophism disorder including lens muscular system.

«Glazorol» is a complex for supporting functional activity of the organs of vision. Complex of functional components provide eyes work regulation on cellular level and protect visual function from modifications caused by microcirculation channel functioning disorder, stimulate the prevention of visual analyzer overwork and visual acuity maintenance.

Amino acids, vitamins and microelements provide an optimization of energy metabolism in the eyes. Vitamin C and quercetin strengthen the walls of tiny eye vessels. A tonic effect of Gotu Kola in combination with Ginkgo Biloba that improves blood circulation increases oxygen content in the eyeball tissues, favorably affect the brain performance. Different antioxidants (vitamin C, carotinoids, glutathione and black chokeberry extract) stabilize the cells membranes of organ of vision, protect from the destroying action of free radicals. Carotinoids that are a part of calendula extract (lutein and zeaxanthin) prevent photo-oxidative processes in the central part of retina which is responsible for visual acuity. Carotinoids decrease the risk of retina degeneration development and sharp loss of visual acuity.

Complex of ingredients participate in the main biochemical reactions that provide eye functioning, possess immunostimulating effects and reduce the aging and loss of cells. These properties stimulate visual function recovery and acceleration of regenerative processes after a surgical operation on the eyes.

INDICATIONS:

- undue visual fatigue,
- loss of visual acuity,
- intensive and long-term load on visual organs,
- prevention of age-specific eye diseases,
- colour perception disorders,
- complex treatment of the incipient cataract,
- medium- and high- myopia

Contents:

Taurine - 100,0 mg; Gotu Kola (fruits) - 5,0 mg; Vitamin C - 50,0 mg; Ginkgo biloba (extract) 5,0 mg; L-glutamic acid - 50,0 mg; vitamin B3 - 5,0 mg; chokeberry - (extract) - 25,0 mg; Vitamin B5 - 3,0 mg; calendula (extract: Zeaxanthin 5% Lutein 85%) - 20,0 mg; Beta-carotene - 2, 0 mg; glycine - 20,0 mg; Vitamin B6 - 1,0 mg; L-cysteine - 20,0 mg ; Vitamin B2 - 1,0 mg; lemon (bioflavonoids) - 15,0 mg ; Vitamin B1 - 0, 5 mg ; Zinc sulfate - 10,0 mg; Chromium picolinate - 0,2 mg; L-glutathione - 10,0 mg; vitamin B9 - 0,1 mg; Superoxide dismutase - 5,0 mg; Sodium selenite - 0,05 mg; Quercetin 5,0 mg ; Vitamin B12 - 0,001mg.



Aterolex

Complex for prevention of atherosclerosis and age-related changes of joints

Complex "Aterolex" encourages improvement of functional condition of cardiovascular system, decreases the intensity of cholesterol exchange disorders, decreases blood viscosity, improves microcirculation. It may be taken within comprehensive therapy of arteries atherosclerosis, as well as by the healthy people with prevention purposes of atherosclerotic and age-related changes of vessels. The efficiency is proved clinically.

The composition of bioactive complex "Aterolex" makes it possible to control the process of atherosclerosis at its very beginning, namely, it may be used at that stage when there are no even sub-clinical signs of the illness.

Powerful B-vitamin complex (vitamins B1, B3, B5, B6, B12) and folic acid exclude insufficient intake into the organism of the active substances required for metabolism reactions of homocysteine. Vitamin C activates synthesis of collagen strengthening the vessel walls and supporting its resistance against toxic action of homocysteine as well as against any pathogenic agent that gets to the blood flow from without. Vitamin E has expressed atherosclerotic action and in combination with lipoic acid facilitates the level of cholesterol reduction, decreases the index of blood atherogenicity. Carnitine decreases the level of harmful products of lipid exchange (free fat acids and triglycerides) which increase often indicates of unfavorable forecast of heart and vessels diseases. It transfers the surplus of these molecules into energetic factories of a cell – mitochondria – that ensure fat surplus burning down. Coenzyme Q10 improves bioenergetics. Taurine is necessary for synthesis of bile acids that take away the cholesterol surplus from the organism decreasing the risk of progression of development of atherosclerosis. Besides, taurine increases cells sensitivity towards insulin creating favorable conditions for the use of glucose and preventing its surplus to transform into fat in the organism. In this process the taurine efficiency is increased by synergetic action of chromium. Potassium helps to take out of organism surplus of sodium, along with which the tissues are free

from surplus water; not only edemas are off but also the arterial pressure goes down. Ions of magnesium have hypocholesteremic [cholesterol lowering] action, they decrease agitation in the central nervous system, decrease spasm of unstriate muscular system which leads to its lumen growth and arterial pressure descent. Besides, being an efficient antidepressant magnesium decreases the harmful consequences of any stress and such way minimizes one of the leading risk factors of heart, vessels disease development and inappropriate metabolism.

Complex "Aterolex" improves functional condition of cardiovascular system, decreases intensity of cholesterol exchange failures, decreases blood viscosity, improves microcirculation. It may be taken as a means in the comprehensive therapy of arteries atherosclerosis, and also by the healthy people in preventive reasons of atherosclerotic and age-related changes of vessels. The efficiency is proved clinically.

INDICATIONS:

- prevention of atherosclerosis, coronary heart disease;
- essential hypertension;
- chronic disorder of cerebral blood flow;
- rehabilitation after traumas, stroke, heart attack;
- disorder of tolerance to glucose;
- cholesterol exchange disorder;
- diabetes mellitus.

Composition of 1 tablet:

vitamin C - 42 mg, vitamin E - 6 mg, vitamin B1 - 0.9 mg, vitamin B3 - 12 mg, vitamin B5 - 3.0 mg, vitamin B6 - 1.2 mg, vitamin B9 - 0.12 mg, vitamin B12 - 0.0018 mg, lipoic acid - 18 mg, magnesium - 240 mg, taurine - 240 mg, chromium - 0.03 mg, isoflavones - 30 mg, coenzyme Q 10 - 9.0 mg, potassium - 555 mg, L-carnitine - 45 mg.



Calcimax

Balanced medical and preventive formula for optimal digestion, restoration and support of standard calcium level and other microelements in organism

Bioactive complex «Calcimax» contains calcium, magnesium and other ions that participate in forming of bone, connective and nervous tissues.

Calcium forms the basis of bone tissue, provides muscle contraction and impulses transfer in the nervous system and participates in activation of some hormones and blood coagulation. Magnesium is necessary for all the cells and tissues, participates in phosphorus, carbohydrates exchange, in the processes of muscles contraction and relaxation. Along with calcium it provides bones strength. Boron participates in the metabolism of calcium and potassium. Manganese is necessary for full-fledged functioning of locomotive apparatus and nervous system. Chromium accelerates carbohydrate metabolism, facilitates support of standard blood sugar level and provides the organism with energy supply. The active substances of the complex are biomolecules that provide bones structure and functions preservation (vitamin D), joints (chondroitin sulfate) and connective tissue (vitamin C). All that makes this bioactive complex an indispensable for support of all the locomotive system.

INDICATIONS:

- systemic osteoporosis;
- limbs fractures;
- insufficiency of parathyroid gland function;
- for tooth enamel strengthening;
- in case of arthropathy (polyarticular rheumatoid arthritis, osteoarthritis deformans, osteochondrosis);
- allergic diseases (hay fever, nettle rash and others);
- as a means that reduces penetrability of vessel walls during inflammatory processes (pneumonia, bronchitis, flu, cold and others), in case of haemorrhagic vasculitis, radiation sickness;
- skin diseases (eczema, psoriasis, neurodermatitis);
- diabetes mellitus;
- hepatitis and toxic affections of liver.

Composition of two capsules:

Vitamin C – 120mg – 170%; vitamin D3 – 3.2mcg (128 IU) – 60%; chondroitin sulfate – 132mg – 30%; silicon – 7mg – 100%; magnesium – 120mg – 30%; zinc – 2.4mg – 30%; manganese – 1.6mg – 30%; boron – 50mcg – 25%; calcium – 170mg – 20%; chromium – 2mcg – 5% of daily need.



Joint flex

anti-inflammatory complex for musculoskeletal system

Chronic inflammatory joints diseases occur due to the combination of noninfectious inflammatory reactions and metabolic disorders. This is a comprehensive concept since it includes a number of diseases of different origin which are combined by general manifestation, i.e. lack of joints mobility.

«Joint flex» bioactive complex is designed for an effective correction and restoration of the disorders of the functions of the musculoskeletal system as well as for the prevention of the same.

Glucosaminsulphate and chondroitin sulfate, the natural components of cartilaginous intercellular substance form the complex basis. Articular surface is covered by cartilaginous tissue, that's why «Joint flex» complex is a provider of natural nutritious support for joints functioning. Besides, glucosaminsulphate and chondroitin sulfate reduce pain, improve joints mobility, and decelerate the inflammatory process progressing in case of their prolonged use.

The joints functioning restoration is provided due to active anti-inflammatory properties of yucca, incense tree and bromeline extract as well as due to the immunomodulatory effect of Peruvian vine Cat's claw bark extract. In the conditions of antioxidant protection provided by grapes seeds extract and vitamin C there occurs the reduction of articular apparatus inflammatory period and maintains a prolonged protective effect of the «Joint flex» active complex.

INDICATIONS:

- functional disorders of the musculoskeletal system of different etiologies: spine osteochondrosis, arthritis and arthrosis, tendovaginitis, myositis,
- conditions after injuries,
- increased physical activity of the musculoskeletal system;
- vessels and connective tissue disorders including cardiac valve pathologies;
- nails fragility, alopecia;
- reduced skin elasticity and xerosis

Composition of 1 tablet:

Glucoseaminesulphate - 100 mg, Chondroitin sulphate - 25 mg, Calcium hydroxyapatite - 25 mg ; Vitamin C - 25 mg, Extract bosvelii - 25 mg ; Yucca - 12,5 mg, Bromelain - 7,5 mg, Extract of grape seeds – 1,25 mg, Cat's claw bark extract - 1 mg.



➔ Men's formula

complex for solving specific problems of men's health

In public especially in men's mind manhood and sexual activity are the synonyms. Any disorder of sexual function, even if it's not connected with reproduction and getting pleasure, dramatically decrease men's self-esteem and cause a number of psychological difficulties. Modern science believes that among the basic reasons of sexual dysfunction lies in the decrease of the level of testosterone, (a special male hormone). At the same time even those men who have a normal content of this hormone in blood are not protected against another important reason of men's state of health decrease – an inflammatory process in the prostate glands. It affects more than 70% of men regardless of the level of material welfare or other factors.

«Men's formula» is a bioactive complex for a timely solving of men's health specific problems, i.e. prevention of structural and functional changes of the prostate glands and sexual function decrease, effective prophylaxis of stagnant phenomena in urino-genital system.

The complex composition positively influences the synthesis and the balance of men's sex hormones. Saw palmetto and pygeum extracts are able to reduce prostate hyperplasia, especially at the initial stages of diseases. Cucurbit seeds increase diuresis, stimulate the chloride salts discharge, positively affect functioning of the urino-genital system. Parsley has a diuretic effect. Zinc oxide provides an active support to the men's organism being a source of microelements necessary for the synthesis and maintenance of natural level of men's sex hormones. The use of the bioactive complex «Men's formula» provides an active prophylaxis of men's genital system disorders in any age and improves the general efficiency of the men's organism.

INDICATIONS:

- decrease in the level of male hormones.
- prostatitis, urethritis
- prostate adenoma
- erectile dysfunction
- general efficiency and immunity decrease

Contents:

Saw palmetto (extract), parsley (leaf), pygeum (extract), cucurbit (seed), zinc oxide.



➤ Women's formula

Complex for the correction of hormonal disbalance and prevention of osteoporosis in women

Women's organism undergoes hormonal changes over a whole period of its life. Some changes are connected with ovum development, others – with the beginning of menopause. Serious shifts in the hormonal balance are necessary to be treated under a doctor's control, whereas preventive measures may help to avoid the consequences of serious hormonal disbalance.

«Women's formula» is an ideally balanced complex created subject to the needs of the women's organism . The complex normalizes the mineral balance and is recommended for the prevention of diseases caused by the hormonal changes such as osteoporosis, breast tumours and genital organs diseases, elimination of pains connected with premenstrual syndrome, pre- and postmenopausal, support of women's genital organs tone especially during the menopausal period.

The complex contains vegetable extracts, minerals, vitamins and amino acids providing maintenance of normal metabolic processes in the women's organism. Extracts of hops, alfalfa, damiana, Chinese angelica, ginseng possess specific substances, phytoestrogens, which maintain a natural hormonal balance, regulate menstrual cycle. Besides, due to their vasorelaxant action phytoestrogens are able to significantly mitigate pain, spasms and convulsions connected with premenstrual syndrome.

INDICATIONS:

- Improvement in the synthesis of female sex hormones.
- Maintenance of the balance of female sex hormones.
- premenstrual syndrome
- menopausal period
- xerosis, hair and nails fragility
- prevention of inflammatory diseases of the female genital system.

Contents:

calcium carbonate, hops, sodium ascorbate (vitamin C), magnesium oxide, alfalfa, agrimony, ascorbic acid (C), Chinese angelica, inositol, choline bitartrate, potassium chloride, ferric sulfate, Schisandra (fruits), Blessed Thistle, Damiana, niacinamide (B3), silicon oxide, lecithin, bromeline, bioflavonoids, L-methionine, L- cysteine, sublimated garlic, ginseng, Capsicum, zinc oxide, tocopheryl acetate (E), Ginkgo biloba (extract), D-calcium pantothenate (B5), p-aminobenzoic acid, manganese sulphate, gamma-linolenic acid, octacosanol, royal jelly, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), retinol acetate (A), folic acid (B9), chromium picolinate, potassium iodate, biotin (H), sodium selenite, cholecalciferol (D3), cyanocobalamin (B12).



Hepar Formula

complex for restoration of liver tissue

The influence of harmful external factors, i.e. deteriorating ecology, unbalanced nutrition, increased use of various medicines as well as stagnant and inflammatory processes in liver itself leads to loss of functional activity of the organ and its ability to self-recovery.

«Hepar Formula» is a complex of vegetative extracts and phospholipids that supports the restorative process of the liver cells, accelerates the regeneration of the liver tissue after inflammatory diseases (hepatitis), protects the liver from unfavorable influences of the environment and when contacting harmful or toxic substances.

Active substances of saltwort and Saint-Mary-thistle extracts protect and restore liver cells. The action of these extracts provides a healing effect; the blood cholesterol level is reduced. Thistle and artichoke help to prevent stagnant phenomena in the hepatobiliary system due to the ability to activate bile synthesis and facilitate its outflow. Artichoke agents help in nausea, meteorism and pains caused by liver malfunctioning. Phospholipids that are so important for the organism (choline, inositol and lecithin) strengthen liver cell-membranes, prevent their adipose infiltration and prevent cirrhosis development. Methionine amino acid normalizes the choline metabolism and strengthens the process of protein metabolism in an affected organ, stimulating its rehabilitation. Vitamin B6 controls the course of all enzymatic reactions and improves energy metabolism.

The recognized ability of the bioactive complex «Hepar Formula» to restore the disturbed structural elements as well as the liver cells and hepatobiliary system functions in general is a ground to use it in acute and chronic infectious liver diseases.

INDICATIONS:

- toxic liver lesions (occupational, medicinal, alcoholic)
- fatty hepatosis
- acute and chronic inflammatory liver diseases, liver cirrhosis
- chronic gallbladder diseases, biliary dyskinesia
- opisthorchosis
- pancreatitis

Contents:

Content of 1 tablet: artichoke (root), Blessed Thistle, bitartrate choline, inositol, lecithin, hill-growing saltwort extract, L-methionine, turmeric, holy thistle extract, vitamin B6.



Artemizin

complex for protection of organism against most kinds of helminths and protozoa

Helminthic invasions and infectious diseases caused by protozoa are widely spread. Invermination by helminths and protozoa is accompanied by gastrointestinal tract organs dysfunction, intoxication and metabolic disorders development. Complexes based on vegetative components most effectively and safely compensate harmful influence on the organism.

«Artemizin» fitocomplex is recommended both for fighting against helminthic invasions and protozoal infections and for their prevention. It has shown 100% of effectiveness in a complex treatment of ascariasis and enterobiasis. In eighty cases of a hundred its components actively affect the parasitic protozoa *Lamblia* increasing the frequency of successful lamblia treatment.

Biocomplex vegetative components are well-balanced and provide a complex improvement of gastrointestinal tract. Tansy, creeping thyme and wormwood have a strong antihelminthic and disinfecting action. Tansy flower flavonoids are strong phytoncides killing round worms and a number of pyogenic microorganisms. These substances have an evident anti-inflammatory and spasmolytic action. Creeping thyme is a strong natural analgetic. Active substances of wormwood extract have a stypic, antifebrile, wound healing and general health-improving action. Besides, they have an ability to activate the immunity. Antimicrobial, antihelminthic and stypic properties of knotgrass extract have a positive effect on gastrointestinal tract mucous membrane and are increased by a spasmolytic, choleric and antiseptic action of St. John's wort and peppermint extract that stimulate the normalization of intestinal peristalsis and prevent the absorption of helminthic and protozoal decay products.

INDICATIONS:

- prevention and treatment of helminthic invasions (enterobiasis, ascariasis)
- prevention and treatment of protozoal infections (lambliaosis)
- digestive system organs and liver dysfunction
- undue intestinal aerogenesis
- toxic liver lesions
- appetite reduction of various ethiology
- long-term habitation on the garden plot

Composition of 1 tablet:

Content of 1 tablet: thyme, peppermint leaves, common tansy flowers, wormwood extract, knotgrass extract, common St. John's wort extract .



Pulmoclinz

anti-inflammatory complex for the bronchopulmonary system

Respiratory tracts diseases are one of the most widespread pathologies in the world. Chronic diseases of the lungs cause a serious damage, which, as predicted by the World Health Organization specialists, by the year 2010 will be on the 5th place after injuries, oncology, cardio-vascular pathologies and nervous diseases.

Bioactive complex «Pulmoclinz» reduces the period and the intensity of acute attacks of the chronic diseases of the bronchopulmonary system, provides their prevention. The effectiveness of the complex is achieved due to its active vegetative substances and vitamins, the action of which is aimed at the elimination of the inflammatory process in bronchopulmonary system.

Marsh mallow, mullein and licorice have a covering, anti-inflammatory, and expectorant effect, soften the mucous membrane and provide sputum elimination from the bronchial tree. The vegetative enzyme bromelain and Pau D'Arco root increase the immune system anti-inflammatory reaction. The reduction of inflammatory period occurs due to anti-inflammatory and antibacterial activities of birch leaves. Plantain leaves possess a bacteriostatic effect with an expectorant and wound healing action. Teil, which is a constituent part of the «Pulmoclinz» complex, gently decreases blood viscosity, has a sudorific, expectorant and antimicrobial action. Balm active substances possess a sedative effect, release from the bronchi unstripped muscles spasm, reduce dyspnea and cough. Anise fruits have a gentle diuretic and expectorant action. Anti-oxidant and vascular strengthening action of grapes, quercetin and vitamin A and C prevent histamine release; provide a quick recovery of bronchi and lungs cell structure.

INDICATIONS:

- Family history of bronchopulmonary diseases;
- chronic focal infections of upper airways ;
- active and passive smoking;
- acute and acute attack of chronic respiratory diseases;
- bronchial asthma and respiratory allergies; conditions after surgical treatment of the organs of the thoracic cavity.

Composition of 1 tablet:

the root of Althaea medicinal - 37.5 mg; Vitamin C - 25 mg, Mullein flowers - 25 mg, Leaves of birch - 12.5 mg, Formic tree bark extract - 12.5 mg, Anise seeds usual - 12, 5 mg, Large plantain leaf - 12.5 mg, Linden flowers, heart - 12.5 mg; , Bromelain - 12.5 mg, Licorice root - 6,25 mg, Leaves of Melissa officinalis - 6,25 mg ; Quercetin - 6, 25 mg, Extract of grape seeds - 0.25 mg, Vitamin A - 0.16 mg. Excipients: microcrystalline cellulose, starch, titanium dioxide, copper chlorophyll complex, hydroxypropyl methylcellulose, polyethylene glycol, maltodextrin, talc.



Persiphen

efficient protection against free radicals

Bioactive complex «Persiphen» – complex created on the basis of the extract of peach leaf specially designated for antioxidant protection of organism.

Extract of peach leaf – natural complex of compounds that possess expressed capacity to block free radicals. It includes a unique set of polyphenol compounds that take a huge part in intercellular and intracellular antioxidant protection of organism. These compounds prevent from development of oxidizing stress and normalize the functioning of person's own antioxidant systems of the body. Besides, they raise the tonus of immunity system. Vitamins C, E and beta-carotene within complex "Persiphen" strengthen counteraction to free radicals and simultaneously positively influence the vessels. Complex of these vitamins increases strength and elasticity of vascular walls, improve condition of epithelial tissues, and also facilitate decrease of cholesterol level in the blood. Application of bioactive complex "Persiphen" will provide reliable barrier against destructive influence of free radicals of any origin and it will have positive impact on general tonus of organism.

INDICATIONS:

- high stress level
- intensification of free radical activity as a result of inflammation or tumor development
- decrease of functional activity of immunity system
- low-intensity inflammation and dystrophic processes of skin and mucous membranes

Ingredients:

fish oil (oil of cold-water Irish salmon) - 500 mg,
Dihydroquercetin - 3,75 mg, vitamin E - 1.5 mg,



Glucosil

complex for supporting metabolism in diabetes mellitus

The presence of diabetes for a long period of time leads to the development of late complications affecting the nervous system and blood vessels.

Bioactive complex «Glucosil» provides an optimization of glucose level in blood, improves the functions of pancreas and digestive system in general, prevents the development of atherosclerotic changes in vessels, improves microcirculation processes, normalizes carbohydrate and lipid metabolism.

Ginger, inula and artichoke roots, bilberry, raspberry and birch leaves are able to reduce the blood sugar level by means of influencing the metabolic process. Burdock extract in combination with L-carnitine, chromium, manganese and group B microelements activity adjust carbohydrate and lipid metabolism. Vitamins C, E, PP, quercetin and Ginkgo Biloba extract fulfill vessels wall strengthening, improve microcirculation, decrease blood viscosity. Sagebrush has an antimicrobial and anti-inflammatory activity which is intensified by enzymes (papain and bromeline). Antimicrobial and immunomodulatory actions of garlic and St. John's wort provide a prophylaxis of the immunodeficiency state. St. John's wort is able to activate digestion, it has a choleric, and a soothing effect and stimulates the neural system regeneration. Antiseptic and diuretic action of cowberry leaves favorably influence the functioning of the kidneys.

INDICATIONS:

- prevention and correction of functional disorders of the body in case of diabetes Type I and II of different degrees of severity as well as in case of glucose tolerance disorder.
- optimization of carbohydrate and lipid metabolism,
- deterioration of the functioning of pancreas and digestive system in general ,
- prevention of atherosclerotic changes in vessels,
- chronic noninfectious diseases of the gastrointestinal tract

Contents:

blackberry (sprout), birch (leaf), cowberry (leaf), artichoke (root), Saint-John's-wort, nettle (leaf), inula (root), Knotgrass, burdock (extract), raspberry (extract), peppermint (leaf), vitamin C, ginger (root), wormwood (extract), quercetin, rutin, bromeline, Ginkgo biloba (extract), papain, sublimated garlic, zinc oxide, L-carnitine, coenzyme Q10, manganese sulphate, vitamin PP, octacosanol, vitamin E, D-calcium pantothenate, chromium picolinate, vitamin B6, vitamin A, vitamin B1, vitamin B2, folic acid, biotin, vitamin B12, vitamin D3.



Kissel

«CRANBERRY-CRANBERRIES» WITH BERRIES

Kissel «Cranberry-Cranberries» contains vitamins, berries, organic acids and extracts of which have physiologically beneficial effect on the genitourinary system, have a pronounced tonic and anti-inflammatory action. Recommended as a restorative and preventive product in inflammatory diseases of the genitourinary system.

Lingonberry has long been used in folk medicine as a disinfectant, diuretic and choleric agent than the required content of a significant amount of active ingredient Arbutin.

Cranberry has a strong diuretic and antimicrobial properties. Due to the high content of vitamin C is effective cranberries for colds.

Knot-grass contains a wide range of biologically active substances, due to what has multilateral action. One of them is the excretion of excess sodium and chlorine, lowering blood pressure. Another useful property of this herb is in preventing formation of urinary stones. The active ingredients Knotweed possess antimicrobial, anti-inflammatory and astringent properties.

Vitamin C helps to increase the strength of vessel walls, providing protection from viruses and bacteria.

Vitamin A increases resistance to infection.

Vitamin D3 is actively involved in the immune system, enhances protection against infections.



Kissel «BLUEBERRY-CHERRY» WITH BERRIES

Kissel «Blueberry-Cherry» contains a set of biologically active substances that have a physiologically beneficial effect on eyesight. Recommended as a restorative product, and for the prevention of eye diseases associated with increased visual workload and work under artificial lighting.

Bilberry contains substances that improve blood circulation in the organs of vision, protect the eyes from irritation, inflammation and fatigue.

Cherry - a valuable dietary product that has beneficial effects on the nervous system, strengthens the body's antioxidant defenses.

L-taurine is the main amino acid in the tissue of the eye and lacrimal gland. It activates the regenerative processes in degenerative changes in retina and in traumatic lesions of the organ of vision.

Vitamin C is a positive effect on visual function, promotes the normalization of intraocular pressure.

Vitamin E slows the aging of cells caused by free radicals, is involved in regulation of redox processes, reduces the risk of degenerative processes in the retina.

Rutin promotes vasodilatation, exerts anti-edema and soft skin effects.

Vitamin A is essential for the eyes. Vitamin A deficiency can lead to a weakening of vision in the dark, provoking the development of dry eyes, impaired sensitivity, pain, conjunctiva, redness and swelling of the eyelids.

Art of Life



Bilberry (Chernika) is rich in vitamins and antioxidants, which help to strengthen immunity, protect cells from premature aging, improve blood circulation in the organs of vision, protect the eyes from irritation, inflammation and fatigue.

Lingonberry (Brusnika) has been used since long back in folk medicine as a disinfectant, diuretic and bile inducer due to the presence of the active substance Arbutin.

Raspberries (Malina) are traditionally used for colds, influenza, acute respiratory infections. It contains substances that improve hematopoiesis.



Ingredients:

powdered sugar, starch, berryjuice, blueberries, cranberries, raspberries, multivitamin complex, citric acid, flavour «Forest Berries», Vitamin C, sweetener sucralose, ferrous sulphate, potassium iodate.

«Forest Berries» Kissel

Kissel Forest Berries is a mixed combination of the useful properties of various berries - blueberries, cranberries and raspberries. This mixture contributes to the strengthening of immunity, it is recommended as a general restorative and preventive product for colds, after surgical operations and long-term infections.

Vitamin-mineral complex of the kissel contains the necessary proportions of 12 major vitamins, iron and iodine.

Vitamin C helps to increase the strength of vessel walls, providing them protection from viruses and bacteria.

Vitamin E is a fat-soluble vitamin, an antioxidant, which has different biological activity. It protects cells from harmful free radicals, which allows you to keep your skin healthy, accelerates the healing of burns and wounds, is able to block formation of carcinogens(cancer cells).

Vitamin A is known for its properties to ensure a good night vision, bone growth, improves the condition of the skin, increases resistance to infection.

Vitamin B1 is required for the metabolism of carbohydrates, prevents excessive accumulation of fat in the body. Responsible for the normal functioning of the nervous system, heart, liver, participates in the synthesis of thyroid hormone thyroïdin.

Vitamin B2 is involved in the regulation of the metabolism of carbohydrates, fats and proteins.

Vitamin B3 normalizes the functional activity of the gastrointestinal tract and the pancreas, promotes the assimilation of protein from plant foods.

Vitamin B5 is involved in protein, carbohydrate, fat and cholesterol exchange. Participates in the regulation of synthesis of some hormones, choline, histamine, hemoglobin. Strengthens peristaltic movements of the colon, improves absorption of digested food in the small intestine, supports resistance to colds and other diseases of the upper respiratory tract.

Vitamin B6 plays an important role in metabolism, promotes normal functioning of the nervous system. Participates in digestion: hydrochloric acid in the gastric juice is produced only in the presence of this vitamin.

Vitamin B9 is involved in the process of hematopoiesis, as well as in the biosynthesis of nucleic acids is indispensable for the growth of the organism, reproduction of the body cells, tissue regeneration, healing of stitches and wounds.

Vitamin B12 is essential for the maturation of red blood cells, provides a healthy nervous system, improves concentration, improves memory, helps in maintaining equilibrium of the body.

Vitamin D3 regulates calcium metabolism in the body, takes an active part in the immune system.

Biotin (H) is required for normal fat metabolism and protein. It is very important for skin and hair.

Iron - an essential trace element, an integral part of many systems of the body. Participates in the formation of hemoglobin, transports oxygen to tissues, is a part of several enzyme systems and myoglobin - muscle hemoglobin, providing additional fuel for the muscles during heavy physical exertion.

Iodine is necessary for the synthesis of thyroid hormones that regulate metabolism reactions in the body. Iodine promotes proper growth and development of the organism, prevents excess weight, improves mental efficiency, ensure the health of the skin hair and teeth.





Sorbiogel

«Sorbiogel» is used for a quick binding, neutralization and removal of all kinds of toxins from the organism.

Forming a part of the gel polysorbate and wheat bran have a high sorptive capacity, they immediately bind and prevent the reverse absorption of toxic molecules. Gum arabic and pectin do not only serve as a highly active sorbents but also play the role of prebiotic substances stimulating the recovery of the intestine microflora natural condition which is disturbed by intoxication. Active polysaccharides and pectins of the «Sorbiogel» positively influence the cholesterol metabolism providing the removal of its surplus from the organism. An expressed reparative property of pectins favorably influences the state of gastrointestinal tract mucous membrane, stimulates its recovery after injuries. Glasswort extract fulfills a hepatoprotective action, dog rose and cornsilk stimulate choleresis normalization. Aspen bark extract has antimicrobial, anti-inflammatory and vermifuge actions, senna grass extract improves gastro-intestinal tract motor function. A complex action of the «Sorbiogel» main active ingredients creates favorable conditions for restoration of normal intestinal microflora and normalization of gastro-intestinal tract functioning that improve the liver detoxicant function.

Formulation: polysorbate, wheat bran, malic pectin, acacia gum (gum-arabic), malic fiber, aspen bark extract, dog-rose hips extract, saltwort extract, senna extract, corn silk extract, concentrated apple juice, purified water, fructose, calcium citrate, citric acid, sodium benzoate, potassium sorbate, sodium alginate, natural identical flavour.

Route: adults - 10 gr per day with meals, washing down with 1 glass of liquid, or having preliminarily diluted it in ½ glass of water.

Contraindications: individual intolerance of BAS (Biologically Active Supplements) components. Doctor's advice is recommended before using.

INDICATIONS:

- food poisoning
- alcoholic and narcotic intoxication
- intestinal infections
- viral and allergic diseases
- atherosclerosis
- pancreatic diabetes
- obesity
- living in the ecologically unfavorable regions
- work in harmful conditions



Gastrigel

«Gastrigel» is aimed at improving the state of digestive processes in the conditions of gastrointestinal tract chronic diseases.

Blended extract of the «Gastrigel» including chamomile, mint, licorice, shelf fungus, sweet flag, milfoil, marsh-mallow, inula, dandelion and plantain provides a complex regulation of gastrointestinal tract functioning, suppresses spasms, the feeling of discomfort. The acting substances of plants forming a part of the blended extract have anti-inflammatory, coating, sedative, spasmolytic, antimicrobial, disinfecting, and binding effects. Pectin, apple tissue and acacia resin have a sorptive action, they tone up the intestinal wall, accelerate its restoration after inflectional lesions. Aspen bark extract has an antimicrobial, anti-inflammatory and antihelminthic effect. Magnesium sulphate stimulates bile production, the natural peach leaves polyphenols and vitamin A fulfill a protection against free radicals. Complex action of the main ingredients of the «Gastrigel» allows to normalize the nutrients balance and gastrointestinal tract functioning. As a result there occurs the restoration of the correct digestion apparatus functioning.

Formulation: blend extraction (chamomile, mint, licorice, chaga, Acorus calamus, milfoil, marsh mallow, inula, dandelion, plantain); malic pectin; magnesium sulphate; malic fiber; acacia gum (gum-arabic); aspen bark extract; peach leaf extract; zinc asparaginate; Vitamin A (retinol acetate); concentrated apple juice; purified water; fructose; citric acid; natrium benzoate; potassium sorbate; natural identical flavour.

Route: adults - 5 gr (½ of a bag) 2 times a day with meals, washing down with 1 glass of liquid, or having preliminarily diluted it in ½ glass of water.

Contraindications: individual intolerance of BAS (Biologically Active Supplements) components. Doctor's advice is recommended before using.

INDICATIONS:

- digestion apparatus dysfunction
- acute diseases and acute attacks of chronic gastrointestinal tract diseases
- liver and gallbladder dysfunction



Jointgel

«Jointgel» allows to quickly restore the nourishing support of the main joints tissues, i.e. cartilaginous tissue covering the bone surface, and a dense connective tissue that forms joints.

Phytogel active components such as glucosamin sulfate and chondroitin sulfate are structural elements of these tissues. The combination of bioactive substances participates in biosynthesis of the connective tissue, prevents the process of cartilages destruction and stimulates its regeneration. Chondroitin decreases the loss of calcium, accelerates bone tissue restoration process, facilitates the course of chronic inflammatory joints diseases. Glucosamine being an endogenous molecule activates the substances synthesis that serve as a building material for articular membranes, intraarticular liquid and cartilaginous tissue, protects the cartilage from chemical injuries, has a moderate anti-inflammatory action. It is facilitated due to an evident anti-inflammatory, antimicrobial and disinfecting activity of marsh cinquefoil grass, willow and yucca extracts. Silicon forming a part of the «Jointgel» complex provides a support to metabolism and energy metabolism in joints tissues and in bone tissue. A combined action of active ingredients of the «Jointgel» complex consists in a normalization of musculoskeletal system functioning due to a full-fledged nutritious support and an anti-inflammatory activity.

Formulation: glucosamine sulphate, malic pectin, calcium lactate, malic fiber, acacia gum (gum-arabic), chondroitin sulphate, natrium ascorbate, Potentilla herb extract, willow bark extract, yucca, silicon oxide, concentrated apple juice, purified water, fructose, citric acid, natrium benzoate, potassium sorbate, natural identical flavour.

Route: adults - 5 gr (½ of a bag) per day with meals, washing down with 1 glass of liquid, or having preliminarily diluted it in ½ glass of water.

Contraindications: individual intolerance of BAS (Biologically Active Supplements) components. Doctor's advice is recommended before using.

INDICATIONS:

- various musculoskeletal system functional disorders
- condition after injuries
- undue physical activity of musculoskeletal system



Urogel

«Urogel» is aimed at quick assistance for urinary excretion system in case of its disorder.

The complex consists of a blended extract of herbs having a centuries-old history of use for treatment and prevention of urinary excretion system diseases. It includes the extracts of Polygonum, bearberry, calendula, cowberry, licorice, birch, juniper and horsetail. Active vegetative substances have anti-inflammatory, antiseptic, antimicrobial, spasmolytic, and soft diuretic effects. A concentrated cranberry juice contains bioactive ingredients, which has an antimicrobial activity and a diuretic effect. Cranberry does not only fulfill a health-improving function concerning the urinary excretion system, but also is a source of vitamin C which together with vitamin E stimulates collagen synthesis activation and strengthens the vessels cells. Finding themselves in a dissolved condition in a gel, the phytocomplex active substances start to soak in the stomach. Forming a part of the «Urogel», zinc has a protective effect on kidneys providing the maintenance of its functional activity. Potassium provides stabilization and maintenance of natural water-salt balance in the organism.

Formulation: blend extraction (Polygonum, bearberry, calendula, cowberry, licorice, birch, juniper, horsetail), malic pectin, malic fiber, acacia gum (gum-arabic), potassium chloride, concentrated cranberry juice, natrium ascorbate, zinc asparaginate, tocopherol acetate, apple juice, purified water, fructose, citric acid, natrium benzoate, potassium sorbate, natural identical flavour.

Route: adults - ½ teaspoon per day with meals, washing down with 1 glass of liquid, or having preliminarily diluted it in ½ glass of water. Time of intake 2 weeks.

Contraindications: individual intolerance of the components, kidney diseases. Doctor's advice is recommended before using.

INDICATIONS:

- urinary excretion system dysfunction
- additional therapy of chronic pyelonephritis in the exacerbation stage
- essential hypertension, pulmonary-cardiac insufficiency
- different types of edema
- complex therapy and prevention of acute attacks and relapses of chronic infections of urinary excretion system
- antibiotic therapy, nitrofurans, sulfanilamides



Cardiogel

«Cardiogel» is aimed at quick and active support of heart and vessels functioning. In combination the active ingredients of the «Cardiogel» stimulate the metabolic processes in the cardiac muscle, improve its functioning and normalize myocardium blood supply.

The blended extract components, i.e. the acting substances of nettle, hawthorn, motherwort, valerian, mint, melissa, organum and willow, have cardioprotective, vasodilating, soft sedative actions, provide cardiac rate and blood pressure normalization, prevent thrombus formation. A great significance in the prevention of atherosclerosis acute attacks has a cholesterol reducing activity of polysaccharides and pectins the source of which are apple pectin, apple tissue and acacia resin (gum arabic). The gel microelements fulfill a prevention of the important ions level decrease, stimulate the normalization of water-electrolytic balance which favorably influences the functioning of cardiac muscle. Strong natural angioprotectors and antioxidants such as citrus plants bioflavonoids, rutin and quercetin improve vessels walls state, reduce their penetrability and fragility. Together with vitamins A and E they counteract the destructive influence of free radicals reducing the risk of oxidated cholesterol products accumulation in vessels.

Formulation: blend extraction (nettle, hawthorn, motherwort, valerian, mint, melissa, organum, willow), malic pectin, malic fiber, acacia gum (gum-arabic), natrium ascorbate, magnesium sulphate, potassium chloride, citric bioflavonoids, rutin, quercetin, tocopherol acetate, retinol acetate, concentrated apple juice, purified water, fructose, citric acid, natrium benzoate, potassium sorbate, natural identical flavour.

Route: adults - 5 gr (½ of a bag) 2 times a day with meals, washing down with 1 glass of liquid, or having preliminarily diluted it in ½ glass of water.

Contraindications: individual intolerance of BAS (Biologically Active Supplements) components. Doctor's advice is recommended before using. individual intolerance of BAS (Biologically Active Supplements) components. Doctor's advice is recommended before using.

INDICATIONS:

- cardio-vascular system pathology
- atherosclerosis
- arrhythmia
- essential hypertension



Sedagel

The action of the «Sedagel» complex consists in the central nervous system functioning normalization and sleep restoration due to a soft sedative effect.

The blended extract of «Sedagel» phytocomplex, which contains valerian, motherwort, origanum, melissa, hop, mint and licorice has a sedative, soft hypnotic, analgetic and general health-improving action. Active substances of the vegetative ingredients have a relaxing effect on the vessels of nonstriated muscles causing their dilatation and stimulating the prevention of high blood pressure. The decrease of cholesterol level under pectin and polysaccharides sorptive effect, the source of which are gum arabic and apple tissue, favorably influences blood rheological properties, i.e. its viscosity is reducing which also serve as an additional factor of hypertension and tissue hypoxia prevention. The support of the natural state of water-salt balance is provided due to a combination of the «Sedagel» complex elements among which a particular role plays magnesium necessary for the regulation of impulse transmission in the nervous system as well as for normalization of neurons functioning. A relaxing effect of the complex is fulfilled by glycine and gamma-aminobutyric acid, which forms a part of the complex and suppresses activation in the central nervous system.

Formulation: blend extraction (valerian, motherwort, origanum, melissa, hop, mint, licorice), malic pectin, malic fiber, acacia gum (gum-arabic), potassium chloride, magnesium sulphate, glycine, gamma-aminobutyric acid, concentrated apple juice, purified water, fructose, citric acid, natrium benzoate, potassium sorbate, natural identical flavour.

Route: adults - 5 gr ($\frac{1}{2}$ of a bag) 2 times a day with meals, washing down with 1 glass of liquid, or having preliminarily diluted it in $\frac{1}{2}$ glass of water.

Contraindications: individual intolerance of BAS (Biologically Active Supplements) components. Doctor's advice is recommended before using.

INDICATIONS:

- sleep disturbance
- undue nervous irritability
- neurasthenia
- irritability
- cardio-vascular neuroses
- migraine
- climacteric disorders
- essential hypertension

Art of Life

TOOTHPASTE N-ZIM



Toothpaste therapeutic and prophylactic N-ZIM with a bioactive enzyme papain and tea tree oil

Toothpaste N-ZIM - modern means of oral hygiene for the prevention of dental caries and periodontal disease. Part of the bioactive enzyme papain cleaves protein chains - the basis of dental plaque. The active system of nanoparticles of silicon dioxide absorbs plaque, providing a delicate clean tooth surfaces without damaging the enamel. Tea tree oil prevents inflammatory diseases of the mouth. The combination of calcium, fluorine and phosphorus strengthens tooth enamel and preventing caries.

RECOMMENDATION FOR USE:

to maintain the health of your teeth is recommended to brush your teeth at least twice a day.

Additional use of an elixir for oral cavity will provide the best result.



Art of Life

THERAPEUTIC AND PROPHYLACTIC TOOTHPASTE N-ZIM PREBIO

*With bioactive enzyme papain
and Lactobacillus lysate*

Therapeutic and prophylactic toothpaste N-Zim Prebio normalizes the acid-alkaline balance in the mouth. Anti-inflammatory and anticariogenic action. It is recommended for sensitive gums, subject to frequent inflammation. Bioactive complex in the lysate of lactobacillus prevents proliferation of pathogens in the oral cavity and protects the teeth from plaque formation. In combination with the extract of Aloe has a marked strengthening effect on the mucous membrane of the mouth and gums. Plant enzyme papain cleaves the soft plaque, contributing to high quality clean and restore the natural whiteness of teeth. Silica provides cleaning delicate

METHOD OF APPLICATION:

To maintain the health of your teeth is recommended to brush your teeth at least twice a day.

INGREDIENTS:

demineralized water, sorbitol, silicon dioxide, dicalcium phosphate dihydrate, polyethylene glycol, sodium laurilsarkozinat, sodium carboxymethyl cellulose, flavoring, D-panthenol, sodium lauryl sulfate, lysine, titanium dioxide, papain, sodium fluoride, amino, allantoin, saccharin, lysate of lactobacillus, Methylparaben, propylparaben, stevioside, aloe extract.

